Ninnalam treatments are absolutely traditional.

Kerala Ayurvedic Panchakartna treatments are Time tested, -Traditional. Proved procedures invented by Sages to root out the all dreadful diseases.

Rejuvenations: Precautionary Methods "Prevention is better than cure.' becoming true now a days and well explained by Ayurvedic system of Medical Science. Rejuvenation Therapies even for a healthy persons, well used in cleansing the body and mind and builds well enough to fight infections and all other sufferings and it is very common practice in Kerala. Good Hospitality by In House, Out Patient. Food. Yoga and Physiotherapy.

Best Panchakarma Theatre with facilities for Plizhchil. Kizhi. Vasthi, Nasyam. Vamanam, Dhara etc., handled by well experienced trained technicians under Doctors Supervision. Ayurvedic Dispensary maintained with wide ranges **of the Best Quality Manufacturers, Govt.. approved Medicines from Kerala and other Traditional manufacturers also.**

**Well marked, Easily accessible, Pollution free. Spacious premises.**

**Nirmalam conducting periodical free Medical camps. Awareness programs, Health checkups to reach out** *needy &* poor **people.**

**Today's Skin and Hair care, Beauty and Cosmetics, even though derived from Ayurveda, but deviated from root system. N1rmalam** is bringing back **traditionality in the purest form.** Ayu **Medi SPA performed in Luxurious environment with professionally trained SPA technicians with professional** genuinely.

**Nirmalam concluding Certified Training Courses. Programs of Panchakarma and SPA with Good facilities, full Practical exposure and Assured placements.**